



SMART Recovery

At the Children's Center of Hamden

Join the weekly SMART Recovery support groups for teens or family/friends. Groups are FREE and open to the community. SMART Recovery is the leading self-empowering addiction recovery support group. Online and in-person support groups provide the tools needed to gain your independence back!

Both groups
Begin Jan 29th
Monday's 6:30-7:30

1400 Whitney Ave,
Building #1
Hamden, CT 06517